Nutrition Facts

Serving Size 1 Bar (35g)
Servings Per Container 1

Amount Per Serving

Calories 180	Calories from Fat 100
	% Daily Value*
Total Fat 12g	**18**%
Saturated Fat 7g	**35**%
Trans Fat 0g	
Cholesterol 0mg	**0**%
Sodium 0mg	**0**%
Total Carbohydrate 22g	**7**%
Dietary Fiber 2g	**8**%
Sugars 18g	
Protein 1g	

Vitamin A --%	•	Vitamin C --%
Calcium 2%	•	Iron 10%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Shindigz Bar Mint

6/13/2011

INGREDIENTS: Dark Chocolate (Sugar, Chocolate Liquor (Processed with alkali), Cocoa Butter, Soy Lecithin (an emulsifier), Vanilla, Peppermint Oil.